

Media kit...

WINTER 2016/2017



Le Pays des Écrins: five Portraits

www.paysdesecrins.com

PELVOUX-VALLOUISE
PUY SAINT VINCENT
FREISSINIÈRES

If the Pays des Ecrins area is your holiday destination this winter, you'll discover :

- The exceptional men and women you can meet here any day
- Two unspoilt, friendly family resorts whose ski areas complement each other : blue to black runs, free-skiing, Nordic ski runs and even sledding, all under the Southern sun
- Some non-standard activities such as ice-climbing, back-country skiing, winter mountaineering and dog-sledding
- Breath-taking landscapes, wild valleys and a feel-good, unspoilt environment
- And lastly, the culture and traditions of mountain villages which have expanded while retaining their old-world charm.

Discover the Pays des Écrins region in a series of portraits to give meaning to your holidays.

Enjoy your trip !



What's new ?

Ride down snowy slopes in a kayak !

This really is possible in Pelvoux-Vallouise, at the « Snow BFK Contest », on 28th January 2017.

The idea of the Snow Kayak Cross is to come down a ski run with obstacles (raised bends and bumps) as fast as possible in a kayak. Guaranteed adrenaline !

To sign up: www.bfk05.com

The « Vallouise Derby »

Two runs, two areas, on 25th March 2017.

The programme is a vertiginous and fun ride down ! It's like a little brother to the « Derby de la Meije » and is taking place in the Pays des Ecrins for the first time.

What makes it original : two descents in different ski resorts of the Pays des Ecrins area, i.e. 1,550 metres downhill in Puy Saint Vincent and 1,100 metres in Pelvoux-Vallouise.

In the Vallouise Derby race, all kinds of snow sports are mixed. The following sports, classified by category and gender, are included: skiing, telemark, costumes, special machines (sledges, mountain bikes, cross-country skis, inner tubes...) Open to ages 16+ with a youngsters category for under 18s. The aim : starting from the highest point in the two

resorts, get to the lowest point as fast as possible, obviously in a festive mood from the beginning to the end of the day.

To sign up : Association « MADIJHU »

Tel. 07 83 66 90 11 - www.derbydelavallouise.com

Guaranteed snow-cover

Puy Saint Vincent ski area

The construction of another reservoir means that the resort can boast a non-stop run, the Crête piste, from the top of the Crête des Bans Chairlift.

Skiers ! That means over 1,550 metres vertical from the top of Puy Saint Vincent ski-area via the old link to Vallouise, which has been newly refurbished, making Puy Saint Vincent the resort offering the longest vertical descent in the Hautes Alpes department. Enjoy this inexpensive opportunity for skiers to have fun !



Star gazing

In the heart of the mountains at Sant-Martin-de-Queyrières!

Laurence and Bernard welcome astronomy enthusiasts and people wishing to escape light pollution and noise, in a bioclimatic chalet offering rooms and dormitories. « Le Pas du Loup » is also an observatory where your star-gazing, either with or without a telescope, is guided, during a stay or just an evening.

For more information and bookings:

Tel. 09 52 00 84 17 - www.lapasduloup.com

Hiking without the effort !

Footpaths you can follow on foot or snowshoes.

9 trails, each with explanatory brochures, have been created in the villages of the Pays des Ecrins area for you to discover.

In l'Argentière-La Bessée, you can imagine its industrial history, but also life in the Silver Mine and the hydro-electric plant;

In Champcella, you can discover the village and its Gouffre de Gourfouran chasm;

In Freissinières, you can wander in the Bois de Monsieur Alfred woods and find games and Land-art fun;

In Puy Saint Vincent, you'll enjoy the splendid landscape of the Vallon de Narreyroux;

In Vallouise, you can enter the history of the village, with its natural beauty and its architectural heritage;

In Les Vigneaux, you can breathe in the stories of the forest;

In La Roche-de-Rame, you can see the old irrigation ditches and life of former times;

In Saint-Martin-de-Queyrières, you become an ecologist, following a trail which explains sustainable development and the environment, ending in a visit of eco-friendly huts.

Skiing

Fabien Rulfo,

ESF Ski Instructor at Puy Saint Vincent 1600 gives his point of view

Skiing is his passion.

Le Pays des Ecrins is his playground.

This year will be Fabien's 17th winter teaching skiing in the Pays des Ecrins area. Our thirty-year-old chooses to teach freestyle and freeride, specialist sports taught in the ski schools, from beginner to expert levels.

These specialities are too often little-known, but they are accessible to all and well-adapted to the Pays des Ecrins resorts, Puy Saint Vincent and Pelvoux-Vallouise.

Both resorts boast good downhill verticals, on natural or barely modified slopes, in high mountain and forest environments, says Fabien..

Follow him to his favourite spots...

For skiing at all levels, Puy Sint Vincent, on the Crêtes run, which offers a long descent with curves, drops and banks;

for skiing or snowboard beginners, better go to the Château d'Eau run in Pelvoux-Vallouise ; not to mention the black runs on both resorts, which are particularly challenging.

For free-skiing and freeride, Le Col du Bal at Puy Saint Vincent. Skiing the Col run gives you a long descent with an exceptional profile...try it out with your instructor. Fabien hopes to transmit more than technique: how to discover a spot, read the terrain, anticipate and enjoy the snow-experience.

It's about learning to come down a mountain in a fun way, «to read the terrain » and play with it; in an aesthetic way « by allowing yourself to do figures from the simplest to the most complex », depending on your level.

The advantages of this territory, according to him, are very varied as the Pays des Ecrins hides a number of secret spots, both on- and off-piste.

Depending on the weather, there is always one open to you. The larch forest goes up to 2,000 metres allowing us to ski even in bad weather, and the high number of sunny days means comfortable skiing all season.



Portrait 1



**Great skiing for a low price
for all the family**

**Puy Saint Vincent
“Sheltered from the Winds”**

Open from 10th December 2016 to 17th April 2017.

The resort may open for the weekend of the 3rd of December 2016.

Puy Saint Vincent goes from 1,400m to 1,800m for accommodation, shops, restaurants and events, and goes up to 2,770m for skiing. The resort enjoys a protected climate with guaranteed snow-cover on- and off-piste for all snow sports, with a wide range of activities off-piste.

Statistics: 1,550 m vertical, 75 km of pistes (2 black, 12 red, 14 blue, 6 green), 1 snowpark, 1 boarder-cross, 1 floodlit run for nocturnal skiing, 12 lifts (3 detachable chairlifts, 4 fixed chairlifts and 5 draglifts), snow-making possible from 1,400 to 2,400 m, 25 km Nordic skiing trails, 20 km of footpaths, 3 ski-kindergartens, 2 day-care centres, 1 mini-club.

Puy Saint Vincent is reputed for its easy access, its good child-care, the number of nursery slopes, its free-ride and off-piste skiing opportunities.

Prices Winter 2016 / 2017

6 days adults Galaxie* 165 € • 1 day adults 33 €

6 days children Galaxie*132 € • 1 day children 26€

Pack family ticket office, minimum 4 pers. Paying.

**Galaxie advantages : 1 Puy Saint Vincent (6 to 14 day) ski pass gives you 1 day in each of the following resorts : Serre Chevalier Vallée, Montgenèvre Voie Lactée, Sestrières Voie Lactée, Les 2 Alpes, L'Alpe d'Huez, la Grave, Pelvoux-Vallouise*

Skiing

Pelvoux-Vallouise is small but full of surprises

Open from 17th December 2016 to 26th March 2017

Pelvoux-Vallouise is a village resort providing child-care facilities, runs of all levels and a free-ride zone, and great back-country potential.

With its 1,050 metres vertical and 25 kms of marked runs, Pelvoux-Vallouise ski resort goes from 1,250m to 2,300m in altitude.

Good skiers love the resort for the profile of its upper runs and its off-piste zone, families and beginners also find a resort with easy runs perfectly suited to them.

Statistics: 11 four man chairlift latest generation, 4 places, 6 draglifts, 1 rope tow, 12 pistes (2 green, 5 blue, 3 red, 2 black) 12 hectares of pistes equipped with snow-making - 1 floodlit run for nocturnal skiing - 1 sled-run - 1 Arva Park - 1 outdoor ice-rink - 1 day care centre.

Prices Winter 2016 / 2017

6-day adults* 105,70 € • 1-day adults 20,70 €

6-day children * 93 € • 1-day children 17, 70 €.

From 6-days up, free 1-day pass at Puy Saint Vincent.



Good plans

Ski passes are cheaper outside French school holiday periods.

6-day adults 83,30 € - 1-day adults 18,20 €

6-day children 65 € - 1-day children 15 €

Family passes 6 or 7 days

Family Pack (2 adults and 2 children) 338 € for 6 days

- Nocturnal skiing on Tuesdays and Thursdays on the Château d'Eau run (blue)

- Weekly outings with ski patrol to see the ski area before it opens and learn about the job of ski patrolman. Bookings at the Lift Pass Offices. Good skiers only.

A Practical Guidebook for the resorts Puy Saint Vincent and Pelvoux-Vallouise is available at the tourist offices and is on-line at www.paysdesecrins.com.

Good plans

« Discovering skiing in couples or groups of friends ». Prices from 338€ per person per week (7-night rentals + 6-day ski-passes + 6 day ski hire + 20€ for contract and insurance).

« Christmas Ski-ing Special Package ». From 1813€ for 4 adults (12+) and 2 children (6-12) which is around 50€ per person per day 6 days/7 nights (7 nights, 2-room apartment/6 people with balcony + 6-day Galaxie ski-pass + free entrance to indoor pool) Does not include contract (20€) and insurance.

« Spring Skiing as a Family ». Prices from 886€ per week for 2 adults with 2 children (under 12). (7-night rentals + 6-day ski passes + 6 day ski hire +12 hours of ski school classes for children (2 hours per day for 6 days*)

**prices do not include insurance and administrative costs (20€).*

Informations – bookings: Tel. 04 92 23 58 55

Mail: centrale@puy saintvincent.info

www.puy saintvincent-reservation.com



High Mountains

Lionel Daudet

Portrait 2

High Mountain Guide and Adventurer gives his point of view

He is thought of as one of the best solo climbers. Lionel was drawn to the mountains from an early age and has climbed summits and led expeditions in France and around the world, solo or in groups. Now that he is a famous prize-winning alpinist, he talks of the Pays des Ecrins with feeling.

According to him, the mountaineering that Les Ecrins offers is creative and original. In winter-time, he loves ice-fall climbing in the Freissinières Valley. For Lionel « the Ecrins massif retains a form of authenticity ».

This world is mineral yet alive, it's the heart of this territory. « The Ecrins massif allows people to drink at the source of our roots which point to the sky ; you receive their energy, and you come back brimming with vitality ! »

<http://www.dodtour.com>

The characteristic high mountains of our territory is also a winter playground.

Various sports are on offer with our high-mountain guides.

The natural ice-falls

in the Pays des Ecrins makes it one of the most grandiose sites for ice-climbing in Europe, with more than 300 ice-falls from transformed water. When winter comes, the deepest valleys put on their most beautiful jewels ; that's the case of the Fournel and the Freissinières Valleys. A more easily accessible sport is « ruisseling », which allows you to visit incredible places where nature seems frozen still, simply equipped with a harness and crampons.



Equipped ice-falls

at the hamet of Les Claux in Pelvoux, in Le Fournel Valley and at l'Argentière- La Bessée : these facilities provide schools for beginners and experienced climbers to practice.

Snow-shoes

A « slow attitude » activity in which alone or with a mountain leader, you discover the mountain meadows with their treasures of Nature, frozen streams, tracks left by the wild animals of the Pays des Écrins.

Back-country skiing

Back-country skiing is one of our main activities in Pays des Ecrins. Our territory offers long, steep slopes for expert skiers and pleasant,easy itineraries for skiers keen to discover amazing landscapes. With seal-skins on your skis as reminders of the origins of skiing, you can go off-piste with a guide or instructor for an unusual trek combining tranquility, discovery, nature and sport.

Winter mountaineering

Our guides offer this activity in which you learn techniques of progression and safety in high-mountain climbing. It's about climbing mixed ascents with both ice-falls and snow. For all these activities, our high-mountain guides can take clients singly or in groups. « Topo-guides » guide books are available at the tourist offices or online on:

www.paysdesecrins.com/pratique/brochures-generales/plans-et-topos.



Well-being

Christelle Servonnat

doctor in Chinese medicine, gives us her point of view

She comes from the Jura mountains, is a qualified pharmacist and has lived here for a dozen years; her choice of the Pays des Ecrins region, and Pelvoux in particular, is due to the sun, the landscape and the snow in winter. Here « you feel anchored between earth and sky, human relationships are important and we take life slowly ». She is currently studying Chinese medicine at Aix-en-Provence and has practices at l'Argentière-la Bessée and Pelvoux.

Her treatment with Chinese energy consists in balancing energy circulation on the meridians so that each person can regain well-being both in body and mind. During your holiday, why not take the time for a session ?

Christelle is also a Master of REIKI, a Japanese energy technique, and during the season or on request, she can organise courses in which discovery of Nature, the environment and this ancestral practice are combined.

Even though the territory is rich in a lot of relaxing and peace-giving places in Nature, Christelle loves Puy-Aillaud, a hamlet in Vallouise, for its tranquility and the 360° views. For her own relaxation, she goes to see Régine at The Institute Amaneï in Champcella for a hammam and a massage, or to the resort for telemarking or Nordic skiing.

Christelle SERVONNAT - Tel. 06 77 80 15 40
christelleservonnat@hotmail.fr

Portrait 3



Well-Being in the Pays des Écrins

Well-being at the Iscle de Prelles campground, in collaboration with Ahimsa Spa

You will find an original place and gentle treatments. This is an original place because it is housed in two Finnish Kota chalets with a Norwegian bath.

Treatments based on Aloé and essential oils are given by professional beauticians. A new idea is special treatment and massage for teenagers.

The Iscle de Prelles camp ground also has a group of Kotas for rental accommodation and a Kota-grill for meals. Open year-round for a "trapper" atmosphere!

www.camping-iscledeprelles.com - Tel. 04 92 20 28 66

Nalanda Ayurvedic treatment centre

Ayurveda is treatment for more than just fitness. It's a special moment where time stops, a moment of quiet where you let yourself be guided in the ways of ayurveda. It is a fountain of youth, with precious moments of self-discovery, of your profound nature and better self-knowledge. Course of treatment lasting 5 or 6 days with massage, yoga, snow-shoe outings and organic meals. Other courses are offered : slimming, well-being, energy, fasting.

www.yoga-ayurveda-nalanda.com - Tel. 04 92 57 12 38

Whispered addresses...

In Champcella, Amaneï, institut de beauté, traditional hammam. Tel 04 92 43 20 03

In Pelvoux, Gîte-Auberge La Blanche, sauna, jacuzzi. The room called « Spa comme les autres » gives you private access to the relaxation area from 7pm till the following morning. Tel. 04 92 23 44 62

À Puy Saint Vincent, Hôtel l'Aiglière, hammam, sauna, jacuzzi. Tel. 04 92 23 30 59

Swimming pools in l'Argentière-La Bessée. Tel. 04 92 23 06 00 and in Puy Saint Vincent 1600 m



Well-Being

L'abus d'alcool est dangereux pour la santé.

Places for relaxation and revitalisation

Typical of the Pays des Ecrins are natural sites where each winter, time halts and lets Nature play freely, and where the best activities are close to Nature.

Freissinières Valley

An unspoilt location with several hamlets making up the village. This valley was refuge in the past to the Vaudois Protestant movement. A lot of activities are available : cross-country skiing, snow shoeing, ice-climbing and back-country skiing.

The high-perched hamlet

Dormillouse is a hamlet up above Freissinières on the valley floor, perched on a glacial threshold at 1,800m altitude. At the heart of the history of the Vaudois movement, this village saw the creation of the first teachers' training school.

Beyond Dormillouse, the Biaysse valley continues up to Col d'Orcières. It is surrounded by mountain chains, les Crêtes de Dormillouse to the north and Le Mourinas to the south, with altitudes over 3,000m. Particular in that no road open to vehicles provides access, it is the highest hamlet in the valley, the only zone with any buildings in the Ecrins National Park, also the only place which is inhabited year-round in the central zone of the park, with a population of one, the manager of the Gite de l'Ecole, which is open in winter.



Puy-Aillaud

This typical hamlet, at the heart of Pelvoux-Vallouise ski area, is a peaceful place where time has stopped. You can still see mountain architecture and farming methods. It is accessible from the resort on skis, snowshoes, on foot or by car. There are two restaurants open during the season to discover local cuisine : cabbage sausages, pies, raclette and cheese fondue « aux Rhododendrons » and also specialities from Madagascar cooked by Marie-Claude at the « Ferme Auberge ».

Pelvoux-Ailefroide

This hamlet is situated at the foot of the highest summets, some over 4,000m in altitude (le Dôme et la Barre des Écrins, le Pelvoux), with glaciers (le Glacier Blanc, le Glacier Noir) which give the territory its special character. You can find the special atmosphere of high mountains consisting of stories and anecdotes of the lives of the mountain guides who made the Pays des Ecrins what it is today for visitors.

France's second mountaineering centre, the Pays des Ecrins is famous among high-mountain specialists for its summits and glacial landscapes.

The Fournel Valley

This valley has a special character offering nature's jewels both in summer (Réserve des Deslioures, grand wild prairies, streams, exceptional fauna and flora...), and winter with its fabulous ice falls. Amateurs and experts in the discipline of ice-climbing, which has made the Pays des Ecrins famous, can admire these majestic curtains of ice. Climb starting in December and ski until April !



Dog-sledding

Portrait 4

Allan Richard

Musher, gives us his point of view

Allan originates from Normandy and is settling his dogs this winter in Puy Saint Vincent 1400, a family resort which is ideal for this activity suitable for all ages. The circuit is easy, the gradient is perfect and snow-conditions in the resort allow dog-sled excursions, sled-driving lessons or story-telling evenings, with outings lasting 30 to 45 minutes.

Allan is bringing 16 of his 32 dogs this winter for the benefit of all, old and young. You can stop to admire them and learn how they live, their social behaviour in a pack which follows a strict hierarchy! The rest of the year, Allan and his dogs work in schools and institutions to set up animal mediation sessions in order to prevent dog-bites.

Facebook les Chiens de traîneau du Bois Richard
Tel. 06 74 59 16 77 - 06 42 61 26 41

The Inuit village “Igloo Pelvoo”

has become over the years THE winter event in the Pelvoux-Vallouise resort. Located in the centre of Pelvoux-Vallouise resort, 3 sculpted igloos of different sizes will be transformed into 3 « artistic » spots in which 3 local creators show their ephemeral works for three months on the theme of « Going Back in Time ». Season 4 will take you bouncing back in time to different epochs!

This installation comes with other different spaces around the Igloo village, where young and old alike can discover and enjoy games and other entertainment.



The paying part of the Igloo Village will consist of:

- the reconstruction of an old mountain refuge in which you have to answer some riddles to be able to leave (first Escape Game in the Hautes Alpes!)
- a wooden structure which will take you travelling through 4 epochs:
 - the early days of skiing in the 1950s, the early 20th century with peasant life and hydro-electricity, legends of the forest, a Gaulois village
 - several igloos sculpted by 3 different local artists

In the free part, you will find a wigwam, a “Kapla” game, a dome igloo, wooden games on loan and a small organic snack-bar. Information at Tourist

Tel. 04 92 23 36 12

Dog-sled outings and sled dog activity for little kids

In Puy Saint Vincent and Pelvoux-Vallouise.

In Pelvoux-Vallouise, a “MUSHER KID’S CLUB” is set up by Mushing Addict: it presents sled-dogs, an agility course and an outing for young musher apprentices (age 7 and up). And for younger kids, there is a “Baby Traîneau Park” (Baby Sled Park) where our mini-mushers discover a fun learning approach and in a safe environment how we drive a dog-sled (ages 3 to 7 years).

www.mushing-addict.fr - Tel. 06 34 27 39 72



Family Activities

Specially adapted ski lessons for very young kids

(2 ½ to 3 years) are available at ESF Puy Saint Vincent and Pelvoux-Vallouise. **Tel. 04 92 23 35 11 - 04 92 23 34 55**

Astro-Rando

Together let's discover the pleasures of snow-shoes, by day or at night. Encounter High Alps landscapes... sporting, family, fun or scientific outings, everyone can discover the joys of life in winter at his own pace.

Tel. 06 09 87 02 63 - cazamontana@gmail.com

“A Pas de Loup”

Christophe and Sami suggest outings on snow-shoes following wolf-tracks to get to know this creature better.

Tel. 06 08 54 33 59 - lebreton.tof@wanadoo.fr
www.randonnee-hautesalpes.com

“La Maison du Miel”

The Honey House is a little Bee Museum in Puy Saint Vincent. Visit the Maison du Miel and discover the wonderful world of bees, have tea, buy some honey or sweets and pastries made with honey.

Tel. 04 92 23 51 50 - www.lamaisondumiel-psv.fr



Les Écrins Planetarium Observatory

Open your eyes, a discovery for everyone. Study and observe the skies, the stars and the sun over several sessions:

- the starry sky is interpreted with a semi-professional 254 mm telescope

- a mobile planetarium with video-conference and information for groups, individuals or professionals.

All topics can be approached.

Tél. 06 09 87 02 63 - cazamontana@gmail.com

The Écrins National Park

was set up in 1973, and covers an area of 91,800 hectares of which a large part is situated in the Pays des Ecrins territory. With its 668 km of footpaths, it is perfect for discovering protected mountain wildlife. You can observe more than 1,800 plants and 1,000 species of animals.

During the season, the “Maison du Parc” visitors' centre offers events, workshops and talks about our territory, our natural and historic heritage, flora and fauna, geology and everything associated with our site.

Open-air skating-rinks

The skating rink in Pelvoux 1,250m is open daily from 4pm to 8pm, except Wednesdays and Fridays outside school holidays, and from 4pm to 8pm every day without exception during the school holidays, weather permitting.

Skate hire: 1€ - Entry: 1€

The skating rink in Puy Saint Vincent 1,600m

For a change, try skating at the foot of the ski-runs

Entry and skate hire: free



L'Art de Vivre

Corinne Apilli

Painter and artist, gives us her point of view

Portrait 5

Corinne uses lots of textures and colours. In her natural surroundings, she finds driftwood that she brings back from the torrents in the Fournel river.

"The Pays de Écrins is protected, very natural. For example, the banks of the paths are not always cleared and that gives the wayside a wild look, or again, the trails are not always very well sign-posted, which gives the walker a little thrill, but you never get lost. The environment is not aseptitised".

And Corille Apilli has fun with that.

The Pays des Écrins area is an unlimited source of inspiration, which has inspired and still inspires numerous artists and craftsmen in a lifestyle close to Nature and respectful of the territory's history.

Winter in the mountains also means dicovering a way of life, traditions and folk-tales.

The Pays des Écrins area offers a lot of possibilities in the artistic domain.

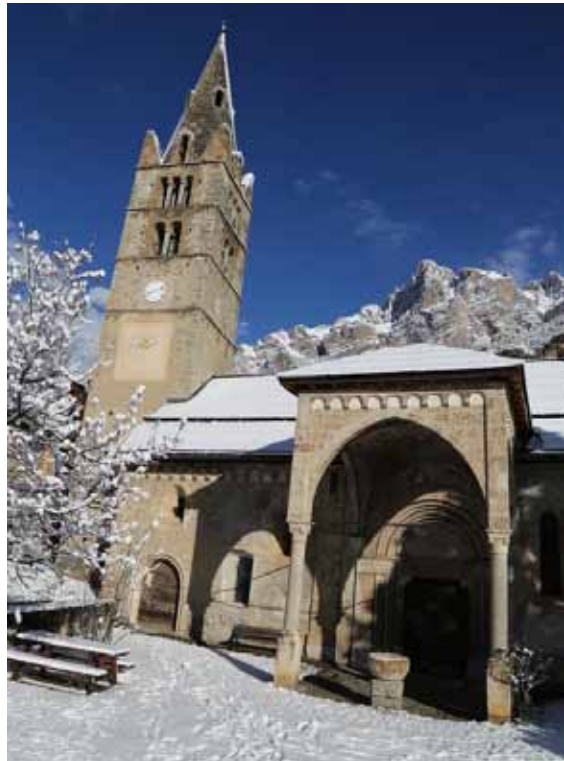
Beyond the Fournel Silver Mine Museum, sign of idustrial activities in l'Argentière-La Bessée, this territory and its villages offer a trip back in time through the architecture of the houses, chapels and churches, the sun-dials...

The rich industrial heritage of l'Argentière-La Bessée.

From the Silver-mine to the Pechiney plant, not to mention the hydro-electric system, the town has a rich industrial past, which you can appreciate by following the industrial heritage trail.

The Museum of the Silver-mine shows the results of 12 years of archiological research around the Fournel mines: pumping systems, hydraulic wheels and winches necessary for silver to be extracted in the XIXth century, when mining went down to 80 metres below the stream-bed. You have to await April to be able to visit the mine.

Tel. 04 92 23 02 94



Our specific local architecture

his archetecture is present in all the villages, especially in traditional dwellings, bread-ovens, fountains and washing-places...

Sun dials are a rich heritage of the Pays des Écrins. 56 sun-dials have been listed in the territory. This heritage, whether restored or not, deserves our respect as witness of past times, created by artists and craftsmen. You can find trails to discover them in the different villages.

Religious heritage to be found in frescos and wall-paintings on themes inspired by the Old and New Testaments.

Following the trail of hydro-electricity

From ice to light... A trail to follow on foot or snowshoes.

The Pays des Écrins area received distinction from the state in 2006 as "Pôle d'Excellence Rural". This label has given rise to numerous touristic projects on the theme of water. 11 sites have been prepared and made safe for visitors to understand the historic importance of hydro-electric production in our mountainous zone.

The Museum of Hydro-Electricity in Pelvoux s part of this trail, a unique experience where modernity and history co-exist. Set up in a working plant, the trail leads you to the machinery room which still functions today.

Tel. 04 92 51 73 86

Events

Igloo Pelvoo, the ice-village

4th edition 17th December to 26th March 2017

The Inuit village "Igloo Pelvoo" has become over the years THE winter event in the Pelvoux-Vallouise resort.

Located in the centre of Pelvoux-Vallouise resort, 3 sculpted igloos of different sizes will be transformed into 3 « artistic » spots in which 3 local creators show their ephemeral works on the theme of « Going Back in Time ».

Ice Climbing Écrins

12th - 15th January 2017

Every day 4 types of workshop are on the programme for beginners and experts: ice-climbing, back-country skiing, snowshoes, and a free-skiing workshop.

From 6pm, Happy hour where everyone can select a workshop and guide for the following day!

Evening festivities on different themes, free entry!

Thursday night is film night... an adventure movie set in the last free zone on earth, high mountains.

On Saturday night, anything goes... world music concerts, DJ contest, don't miss it!

Sign up on-line from 1st December 2016 to 8th January 2017!

Infos : www.ice-climbing-ecrins.com

Boarder Cross European Cups

13/14/15th January 2017 in Puy Saint Vincent

The best European snowboarders are meeting at Puy Saint Vincent on the boarder cross run for an exceptional sporting competition.

www.puy-saint-vincent.fr

Regional and Regional Kid Boarder Cross race

21st and 22nd January 2017 in Puy Saint Vincent.

The best regional cross snowboarders will be here.

www.puy-saint-vincent.fr

Snow BFK Contest

28th January 2017 in Pelvoux. The idea of the Snow Kayak Cross is to come down a ski run with obstacles (raised bends and bumps) as fast as possible in a kayak.

To sign up: www.bfk05.com



Mountain Connect

28th and 29th January 2017. An awareness week-end to learn about the specific risks of the mountains, through skiing free-ride or snowshoe outings. The main points of the week-end : equipment on show, workshops on off-piste safety , snow-shoes, mountain first aid, learning techniques for skiing off-piste and also interpretation of maps, weather bulletins and avalanche-risk forecasts.

Informations : www.fachalau.com

Vallouise Derby

25th March 2017. The programme is a vertiginous and fun ride down, taking place in the Pays des Ecrins for the first time.

What makes it original : two descents in different ski resorts of the Pays des Ecrins area, i.e. 1,550 metres downhill in Puy Saint Vincent and 1,100 metres in Pelvoux-Vallouise. Open to ages 16+

The following sports, classified by category and gender, are included: skiing, telemark, costumes, special machines (sledges, mountain bikes, cross-country skis, inner tubes...) with a youngsters category for under 18s. The aim : starting from the highest point in the two

resorts, get to the lowest point as fast as possible, obviously in a festive mood from the beginning to the end of the day.

Inscriptions : Association « MADIJHU »

Tel. 07 83 66 90 11 - www.derbydelavallouise.com

Ski Écrins Alpinisme

8th and 9th April 2017. This mountaineering skiing race leaves Orcières and arrives in Puy Saint Vincent with passages above 3,000m for the pleasure of its competitors.

Infos: www.teamecrinshautsalpes.com

Practical Information

Contact presse

D'COM - Gaëlle MOREAU

06 87 30 67 87 - mgpresse@gmail.com



DESTINATION ÉCRINS

6 Avenue de Vallouise • 05120 L'Argentière-La Bessée • France

infos@paysdesecrins.com • www.paysdesecrins.com

Tél. 04 84 03 00 03

CONTACTS TOURISTIQUES

Office du Tourisme et du Patrimoine de l'Argentière-La Bessée

Tél. 04 92 23 03 11

Office du Tourisme de La Vallouise

Tél. 04 92 23 36 12

Office du Tourisme de Pelvoux

Tél. 06 82 39 94 71

Office du Tourisme de Freissinières

Tél. 04 92 20 95 49

Offices du Tourisme de Puy Saint Vincent

1400 m - Tél. 04 92 23 35 80

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